



# Land/State Preschool Lunch

## January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1  <b>New Year's Day!</b>	2 ~ No School ~	3 ~ No School ~	4 ~ No School ~
7 Cheeseburger on a Bun ---- Grape Tomatoes Sliced Peaches ---- 1% White Milk <b>Back to School Cookie!!</b>	8 Chicken Smackers ---- Carrot Sticks Boxed Raisins ---- 1% White Milk	9 Pepperoni Pizza ---- Sliced Cucumbers Mixed Fruit ---- 1% White Milk	10 Classic Grilled Cheese Cocoa Krispy Treat ---- Green Beans Orange Wedges ---- 1% White Milk	11 Chicken Tenders Seasoned Fries & BBQ Sauce ---- Sliced Apples ---- 1% White Milk
14 Mandarin Orange Chicken w/ Fried Rice ---- Baby Carrots Sliced Peaches ---- 1% White Milk	15 Chicken Fritters Waffle Fries ---- Boxed Raisins ---- 1% White Milk	16 Mac & Cheese ---- Green Beans Mixed Fruit ---- 1% White Milk	17 Beef Taco w/ Shredded Cheese ---- Carrot Sticks Pineapple ---- 1% White Milk	18 Beef Hot Dog on Bun ---- Grape Tomatoes Sliced Pears ---- 1% White Milk
21 <b>No School</b>  <b>Martin Luther King Day!!</b>	22 Chicken Nuggets Waffle Fries ---- Boxed Raisins ---- 1% White Milk	23 Chicken "n" Waffle ---- Green Beans Mixed Fruit ---- 1% White Milk	24 Pasta w/Meat Sauce Cheese Toast ---- Grape Tomatoes Orange Wedges ---- 1% White Milk	25 Classic Grilled Cheese w/ Pineapple Spear ---- Carrot Sticks ---- 1% White Milk
28 Colossal Corn Dog Seasoned Fries ---- Sliced Peaches ---- 1% White Milk	29 Cheeseburger Buddies ---- Grape Tomatoes Boxed Raisins ---- 1% White Milk	30 French Toast w/ Sausage ---- Green Beans Mixed Fruit ---- 1% White Milk	31 Teriyaki Chicken w/Fluffy Rice ---- Corn Pineapple ---- 1% White Milk	

**Family Style Meal Services:**  
**Your Meal Includes:**  
 Protein, Whole Grains, Fruit, Vegetables & White Milk  
 -You May Select All Components  
 -You Are Not Required to Take A Certain Portion Of Any Item  
**\$2.50 Full Price**  
**\*Meals at No Cost FREE to Qualified Students Only**

**Offer vs. Serve**

All PK Students will be served plain, 1% fat white milk with all meals.

All grains served to PK students are whole-grain rich.

**Prepay online:**  
[myschoolbucks.com](http://myschoolbucks.com)

Menu is subject to change due to product availability